



GÖTEBORG TAEKWON-DO CHAMPIONSHIPS 21 MARCH 2026

OFFICIAL INVITATION – JANUARY 2026



GENERAL INFORMATION

- Venue: The Swedish School of Sports and Health Sciences
at the University of Gothenburg
- Address: Skånegatan 14B
411 40 Göteborg
- Enrollment / Registration: <https://data.taekwondo-itf.com/event/33787/9541>
(Registration via local DPO for ITF Platform Database)
- Registration Deadline: **20th February 2026.**

CONTACT INFORMATION

Event Owner & Host:

Gothenburg Taekwon-Do Club

Promotor:

Taekwon-Do Sweden (NGB)

For more information, please contact us on below emails:

Grand Master C.J. Armstrong, 9th Dan

– Master.Carmstrong@gmail.com

Amrith Armstrong, 6th Dan

– Amrith.Armstrong@outlook.com

COMPETITION RULES

ITF competition rules issued by Taekwon-Do Sweden will be implemented during the competition.

The rules and regulations will be applicable to following events:

Tul (Patterns) and Matsogi (Sparring).

The competition is open for all competitors from member organizations of Taekwon-Do Sweden (NGB), and affiliated NGB's / AGB's of ITF as in the ITF Database.

The Organizer reserves the right to merge weight classes or divisions if competitor numbers fall below 5.

Umpires: Qualified National Level Umpires in umpire attire.

Coaches: Coaches shall wear tracksuit and indoor shoes during the competition.

Activity	Day:	Time:
Competitor / Weight Check	Saturday the 21st March	08:30
Umpire Meeting	Saturday the 21st March	09:00
Coach Meeting	Saturday the 21st March	09:20
Assembly	Saturday the 21st March	09:30
Tournament Start	Saturday the 21st March	10:00

CATEGORIES - CHILDREN

All child competitors must be between 8 years and 13 years of age on the day of competition.

Tul and **Matsogi** will be divided in following age divisions for boys and girls:

Girls		Boys	
8-11 years	12-13 years	8-11 years	12-13 years
9 Gup – 1 Gup	9 Gup – 5 Gup 4 Gup – 1 Dan	9 Gup – 1 Gup	9 Gup – 5 Gup 4 Gup – 1 Dan
<u>Tul</u>	<u>Tul</u>	<u>Tul</u>	<u>Tul</u>
<u>Matsogi</u>	<u>Matsogi</u>	<u>Matsogi</u>	<u>Matsogi</u>

Please observe! Due to Swedish regulations and permits, we do not allow any contact for children.

[Allowed techniques are limited only to mid-level up to chest height of opponent.](#)

ITF Tournament Rules apply and local regulations for children.

Protective Equipment: Hand / Foot, Teeth guard, Groin guard (inside Dobok),
Body Vest and Head guard.

CATEGORIES - JUNIORS

All junior competitors must be between 14 years and 17 years of age on the day of competition.

Tul will be divided in following divisions for male and female competitors:

Div II (9 Gup – 5 Gup) Tul: Chon-Ji – Yul-Gok

Div I (4 Gup – 2 Dan) Tul: Chon-Ji – Juche

Matsogi will be divided in following weight classes:

Girls: -45, -50, -55, -60, +60kg

Boys: -52, -58, -63, -70, +70kg

Protective Equipment: Hand / Foot, Teeth guard, Groin guard (inside Dobok) and Head guard.

CATEGORIES - SENIORS

All senior competitors must be between 18 and 34 years of age on the day of the competition.

Tul will be divided in following division for both male and female competitors:

Div III	(9 Gup – 5 Gup)	Tul: Chon-Ji – Yul-Gok
Div II	(4 Gup – 1 Gup)	Tul: Chon-Ji – Choong-Moo
Div I	(1 Dan – 4 Dan)	Tul: Chon-Ji – Moon-Moo

Matsogi will be divided in following weight classes:

Female: -52, -58, -63, -70, +70kg

Male: -54, -63, -71, -80, +80kg

Protective Equipment: Hand and Foot, Teeth guard, Groin guard (inside Dobok) and Head guard for all divisions.

CATEGORIES - VETERANS

All veteran competitors must be 35 years of age and above on the day of the competition.

Tul will be divided in following division for both male and female competitors:

Div III	(9 Gup – 5 Gup)	Tul: Chon-Ji – Yul-Gok
Div II	(4 Gup – 1 Gup)	Tul: Chon-Ji – Choong-Moo
Div I	(1 Dan – 4 Dan)	Tul: Chon-Ji – Moon-Moo

Matsogi will be divided in following weight classes:

Female: -68, -75, +75kg

Male: -80, -90, +90kg

Protective Equipment: Hand and Foot, Teeth guard, Groin guard (inside Dobok) and Head guard for all divisions.

CATEGORIES – TEAM EVENTS

Team Sparring (Matsoki) will be implemented for following age groups.

- Juniors (14 – 17 yrs)
- Seniors (18 – 34 yrs)
- Veterans (35 – 59 yrs)
 - Veteran Silver (35 – 44 yrs) & Veteran Gold (44 – 59 yrs) categories are combined.

All teams shall consist of 3 + 1 competitors (3 competitors + 1 optional reserve competitor).

Note: No weight categories for team events,
and all divisions combined in each age category.

Protective Equipment: Hand / Foot, Teeth guard, Groin guard (inside Dobok) and Head guard.

ENROLLMENT AND PAYMENTS

Competitor Fee: 450 SEK / competitor. (Appr. € 40)

Online registrations need to be submitted via the ITF Platform / Database:

<https://data.taekwondo-itf.com/event/33787/9541>

If your organization is not in the list of applicants, please send an email to master.carmstrong@gmail.com and amrith.armstrong@outlook.com for addition to the list, and we will provide the payment information as well via email.

Registration will be open until (and including) Friday the 20th February 2026.

Payment information will be sent out to all clubs in a separate email.



WELCOME TO
GOTHENBURG REGION!